

EARTH DAY 2025

Sustainability Starts with Small Shifts — and Big Impact

We're making mindful choices to reduce the environmental footprint of this event — and your participation helps amplify that impact. *Here's how:*

Plant-Based Menu

- Up to 63% fewer greenhouse gas emissions are produced by plant-based meals compared to those with meat and dairy.
- For an event of 30 people, choosing plant-based over traditional menus could save the equivalent of over 400 lbs of CO₂—that's like driving 450 fewer miles.
- Less water, less land, and fewer resources are used—good for you and great for the planet!

Composting

- The average person generates about 1 lb of food waste per meal—that's 30 lbs per event.
- By composting, we can divert this from landfills and reduce methane emissions, a greenhouse gas that's 25x more potent than CO₂.
- Compost returns nutrients to the soil instead of contributing to climate change.

Sustainable Transportation

- Choosing public transit, carpooling, biking, or walking can reduce transport-related emissions by 20–50% per attendee.
- Just 10 attendees ride sharing instead of driving solo can prevent over 100 lbs of CO₂ from being emitted for local events.

No-Single use Plastics

- Americans use an average of 167 disposable water bottles per person per year.
- Avoiding single-use plastic bottles at this event could save 30–50 bottles from ending up in landfills—or worse, our oceans.
- Bonus: Stay hydrated, save money, and skip the waste!

Together, We're Making a Difference

Through conscious choices like these, we're not only reducing waste and emissions but also setting a standard for future events. Your actions matter—and they add up.

