



I. PREREQUISITES FOR ATTENDING SHENG ZHEN TEACHER TRAINING

In order to attend a SZ TT (Sheng Zhen Teacher Training), everyone (this includes teacher training participants and seminar participants) **must have** had education in the following forms:

- Gathering Qi and Awakening the Soul (Step 1 in SZ curriculum)
- SZ Healing Gong – parts 1 & 2 (Step 2 in SZ curriculum)
- The Union of Three Hearts and 9 Turns (Step 4 in SZ curriculum) and
- **either** Heaven Nature Gong and Heart Spirit as One (Step 3 in SZ curriculum)
- **or** Heart Mind as One and Listening to the Heart (Step 5 in SZ curriculum)

You may qualify as a Sheng Zhen **Teacher in Training** Participant **or** as a Sheng Zhen **Seminar Participant** (Please take note of the prerequisites written below.) The training experience during the retreat will be the same for all participants. First priority is given to Certified Sheng Zhen Teachers and Sheng Zhen Teachers in Training. However, after August 31, 2016 slots will be made available to Seminar Participants on a first come, first served basis so new aspirants will be given an opportunity to attend.

Note: Application deadline is September 30, 2016. Deadline for payment is December 15, 2016.

A. Sheng Zhen Teacher In Training Requirements

You have studied Sheng Zhen Gong forms for a minimum of 1 year. This includes a minimum of 108 instructional hours from a certified or approved SZ teacher, with at least 12 of those hours from Master Li Junfeng or Li Jing. The date you first started with a Sheng Zhen teacher will be needed when applying for certification.

Please contact Don Leathers at donald@phoenixrisingmoab.com for a list of certified teachers in your area or check the SZ website at www.shengzhen.org

B. Sheng Zhen Seminar Participant Requirements

This option is for those who do not wish to be teachers or are unsure they want to be teachers. The TT (Teacher Training) prerequisites above still apply. You will still need to know the forms listed in the prerequisites. If you attend as a Seminar Participant, your first TT session will be considered as a seminar and will not count towards your teacher certification. However, the second TT attended will count towards your teacher certification.

Once you decide to join a TT, there are 2 things you need to submit with your application:

1. A Letter of Recommendation (LOR)

A LOR is required only if you have never attended a TT before; and is written by a certified SZ teacher on your behalf. The letter should state that you have fulfilled the prerequisites and that you are ready to attend a TT. You may find a Certified Sheng Zhen Teacher listed at www.shengzhen.org for more information.



2. A Letter of Intent (LOI)

All participants must write a LOI prior to each TT attended. The LOI is written in your own words, answering these 3 questions:

- a.) What Is Sheng Zhen Wuji Yuan Gong (Sheng Zhen Qigong)?
- b.) What is your understanding and experience of Sheng Zhen?
- c.) Do you want to be a Sheng Zhen teacher? If yes, why?

II. SHENG ZHEN TEACHER CERTIFICATION REQUIREMENTS**

Who can become a Sheng Zhen Teacher?

To be a Sheng Zhen teacher, one must understand the Sheng Zhen philosophy, live a Sheng Zhen life, respect others always (have no conflict with others) and know the various Sheng Zhen Gong forms. All people are encouraged to share the practice with their friends and family after they have learned from Master Li or a local Sheng Zhen teacher. Sharing is not just about teaching the forms.

To be considered for a Sheng Zhen Teacher certification:

- A. You must attend 2 Teacher Trainings within 2 years.
- B. You have to practice teaching Sheng Zhen Gong forms for a MINIMUM of 80 hours.

Note: This does not include demonstrations or leading a group in the movements.
It is about practicing teaching the SZ forms.

****No one is certified unless he or she has attended AT LEAST 2 Teacher Trainings and fulfilled all of the prerequisites. The complete listing of Sheng Zhen Teacher certification requirements may be viewed at www.shenzhen.org under the *Teacher's Site-News for Teachers*.**

III. SHENG ZHEN CERTIFIED TEACHER PRINCIPLES

All Sheng Zhen Teachers

- Must maintain the same standard and explanation of the movements and philosophy, as defined by Master Li and Li Jing; use only their DVD's, books, webinars and YouTube videos as teaching tools. Teachers should not make their own Sheng Zhen products.
- Attend one Teacher Training at least every two years and keep their profile updated on the International Sheng Zhen website.
- Maintain regular contact with the broader Sheng Zhen teaching community.
- Work together and respect each other without competition. Speak well of each other.
- Help others, serve others, share the practice.



IV. APPLICATION INSTRUCTIONS:

A. Sheng Zhen Teacher In Training Participants:

1. Fill out the **Registration Form** on the following pages.
2. Send your completed **Registration Form**, **Letter of Recommendation (LOR)**, if applicable and **Letter of Intent (LOI)** to TT contact person mentioned below (see guidelines for the LOR and LOI on previous page). We will reply within one week or so once we receive your email to confirm if your application has been accepted. As mentioned earlier, slots will be open to Seminar Participants after **August 31, 2016**.
3. Once your application has been accepted, a Payment Procedure which will be emailed to you. Please adhere to the payment deadline of **December 15, 2016**.

B. Sheng Zhen Seminar Participants:

1. Take note of the requirements mentioned in the previous page:
(See **I. B. Sheng Zhen Seminar Participant Requirements** "You must have studied with Master Li, a Certified Sheng Zhen Teacher, or an Approved Sheng Zhen Teacher."), fill out the **Registration Form** on the next page.
2. Send your completed **Registration Form**, **Letter of Recommendation (LOR)**, (if applicable) and **Letter of Intent (LOI)** to TT contact person mentioned below on or before **September 30, 2016**. If your application is approved, you will be contacted no later than **October 30, 2016**. Late applications will be accommodated only if there are slots available. We will reply within one week or so, once we receive your email to confirm if your application has been accepted.
3. Once your application has been accepted, follow the Payment Procedure which will be emailed to you at a later date.

The Sheng Zhen Teacher Training fee of USD \$1,500 will include the following:

*(Note: An early bird rate of **USD \$1,350** is offered to those who register and pay before November 16, 2016)*

- Training
- Roundtrip transport to and from the training venue (Manila - Tagaytay - Manila)
- Meals and lodging. Accommodations will be one person to a room with a private bathroom.

* Please Email:

- **Application Form**
- **(LOR) Letter of Recommendation**
and/or
- **(LOI) Letter of Intent,**
and any questions to: Inday Poblador at szmnltt2017@gmail.com

(See attached Registration form below)



REGISTRATION FORM

SHENG ZHEN TEACHER TRAINING TAGAYTAY, PHILIPPINES

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FEBRUARY 16 – 25, 2017

****Please complete this form and submit it to Email: szmnltt2017@gmail.com***

Name:

Home Address:

Country:

Telephone Number:

Fax Number:

Email Address:

Website:

Please check ONE: I am applying as _____ a Certified Sheng Zhen Gong Teacher (for certification)
_____ a Teacher In Training Participant (non-certified)

1. When did you first start Sheng Zhen Gong?
2. Who is your current Sheng Zhen teacher?
3. How long have you been practicing Sheng Zhen Gong?
4. Have you studied:
 - Gathering Qi and Awakening the Soul? _____
 - SZ Healing Gong 1 & 2? _____
 - Union of 3 Hearts and 9 Turns? _____

And either:

- Heaven Earth Gong and Heart Spirit as one? _____
- Or
- Heart Mind as One and Listening to the Heart? _____



5. How many hours of classes or workshops have you attended,
with Master Li Jun feng? ____ with Li Jing? ____ with a SZ teacher? ____ on the internet/video? ____
6. Have you met Master Li or Jing Li? If yes, when?
7. When and where was your first TT?
8. How many TT have you attended?

For Teachers in Training Participants (non-certified):

9. How many Sheng Zhen Gong classes are you teaching per week, month or year?
10. How many total hours of Sheng Zhen Gong teaching have you accumulated during the last 2 years?

For Certified Teachers:

11. What year were you first certified as a Sheng Zhen Gong teacher?
12. How many TT have you attended since your certification?
13. How many hours of teaching have you done?
14. How many weekend seminars have you taught?
15. What volunteer work have you done for SZ?

Medical Questions:

1. Please list any medical problems or needs that we need to be aware of.
2. Please list any physical limitations.
3. Emergency contacts (name and phone number).

Please be mindful that this is a ten-day intensive. The training can be physically and emotionally challenging at times. If you have a serious medical condition (this is defined as psychological or physical), it is important that we know about it before hand. Please be advised that there is no medical staff on hand to handle emergencies, and all emergencies will be turned over to the appropriate local medical professionals.

My diet is: ☐ Vegetarian ☐ Regular diet ☐ Gluten free ☐ Wheat-free ☐ Dairy-free